Peanut Butter and Jelly Smoothie

Date : 18-07-2018

Ingredients

- 1 cup almond milk
- 1 cup blueberries
- 1 tbs peanut butter
- Handful of ice cubes
- 1 tsp maple syrup (optional)

Method

1. Blend all ingredients together in a food processor until smooth
2. Garnish with some peanut butter and blueberries if desired

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